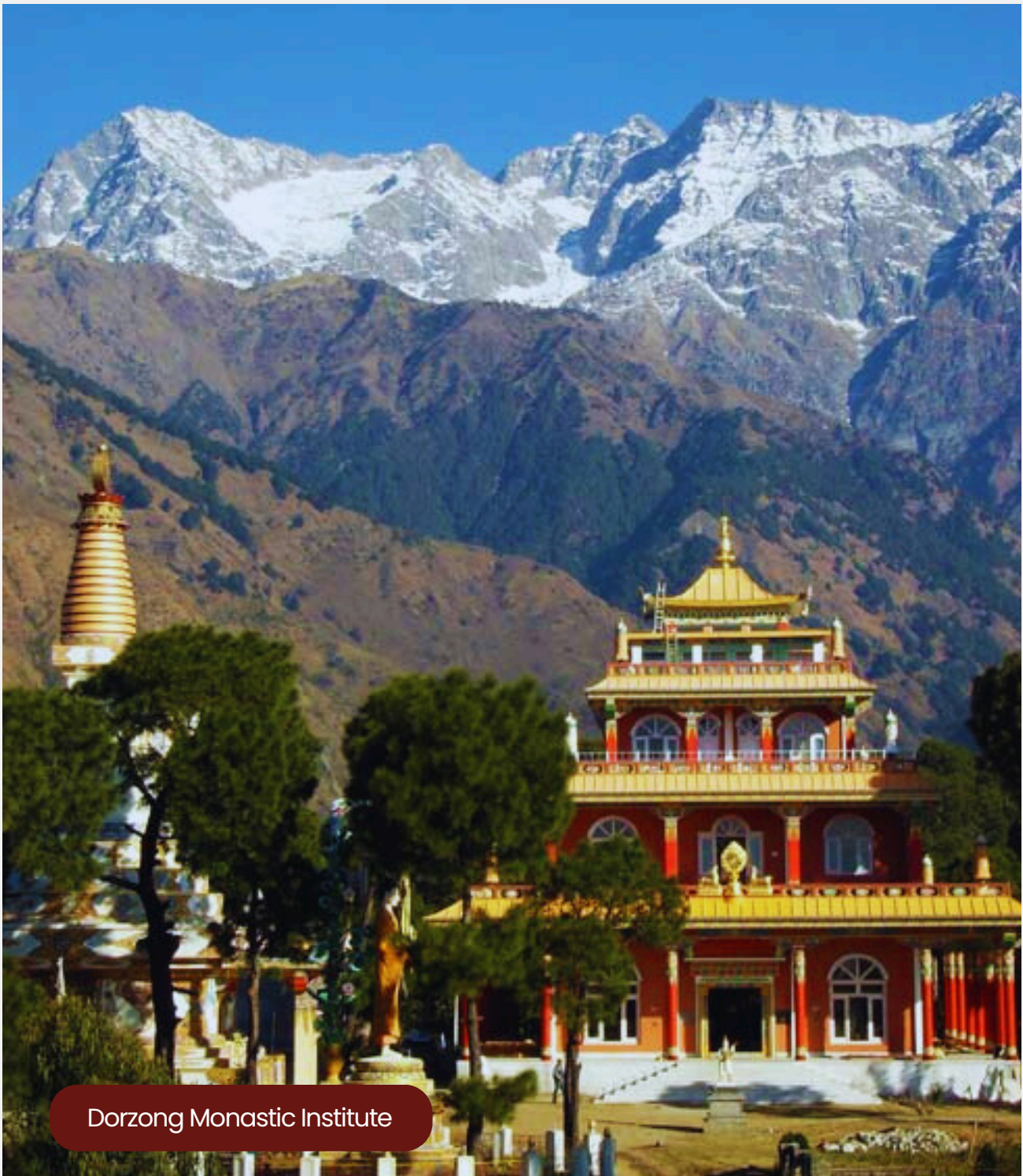


EAST MEETS WEST

LEADERSHIP RETREAT

East meets West | Leadership Retreat, North India



Dorzong Monastic Institute





When the student is ready, the master will appear

As the pace of life accelerates and we're faced with increasing demands on our time and resources, many of us experience a growing inner restlessness ... to fill a void felt deep within.

For some it is to scale the highest pinnacle of our career ambitions without compromising on personal goals and well-being. For others, it could be to pursue a purpose beyond what we have accomplished till date. To have a greater impact on what matters most to us. Others crave the sense of freedom that comes from living a fulfilled life. To amplify our voice without the need to shout. To be the impactful leader we desire. To be happier. To live our legacy. To enrich our one life with powerful wise choices.

No matter what mindset you bring, this is an opportunity for every leader to be present in a mystical space and gain new perspectives to amplify the quality of life, career and leadership impact. We simply can't wait to host you. 🙏

Key highlights and takeaways

- Walk a different path to broaden perspective, gain insights and pick up new skills to have greater impact on your teams, stakeholders, and communities.
- We dial up the learning experience with immersive cultural experiences, intentional dialogues, and coaching sessions leveraging applied neuroscience.
- Stay in premium, single-occupancy rooms while you soak in the stillness and nourishing environment of Raakh, a boutique Radisson resort nestled in the Dhauladhar range of North India.
- Immerse yourself in the vibrant cultural tapestry of McLeodganj, home to the Tibetan community and His Holiness the Dalai Lama.
- Experience a boost in your physical, mental, emotional, and spiritual energies as you engage in this multi-sensory immersion and sample digital detox.
- Connect with local stories as you explore monasteries, ancient temples, forests, bustling markets, and heritage sites.
- Explore new possibilities and forge new connections with like minded leaders.
- This is not a vacation, holiday tour or a typical classroom-style leadership workshop. It's a unique leadership accelerator, combining ancient wisdom and modern science to offer leaders a transformative new lens for growth.

McLeodGanj



Blending East and West

For centuries, the Himalayan town of Dharamshala has been a cradle of spiritual wisdom, where Buddhism and Hinduism intertwine. Both these philosophies and ways of life and leadership are based on science as understood in another era.

Some of the practices take the shape of culture and traditions. Others have grown to be popular worldwide—yoga, meditation, mindfulness, compassion, kindness and holistic well being. What's truly fascinating is how modern applied neuroscience and emerging leadership practices are recognising the effectiveness of these age-old techniques.

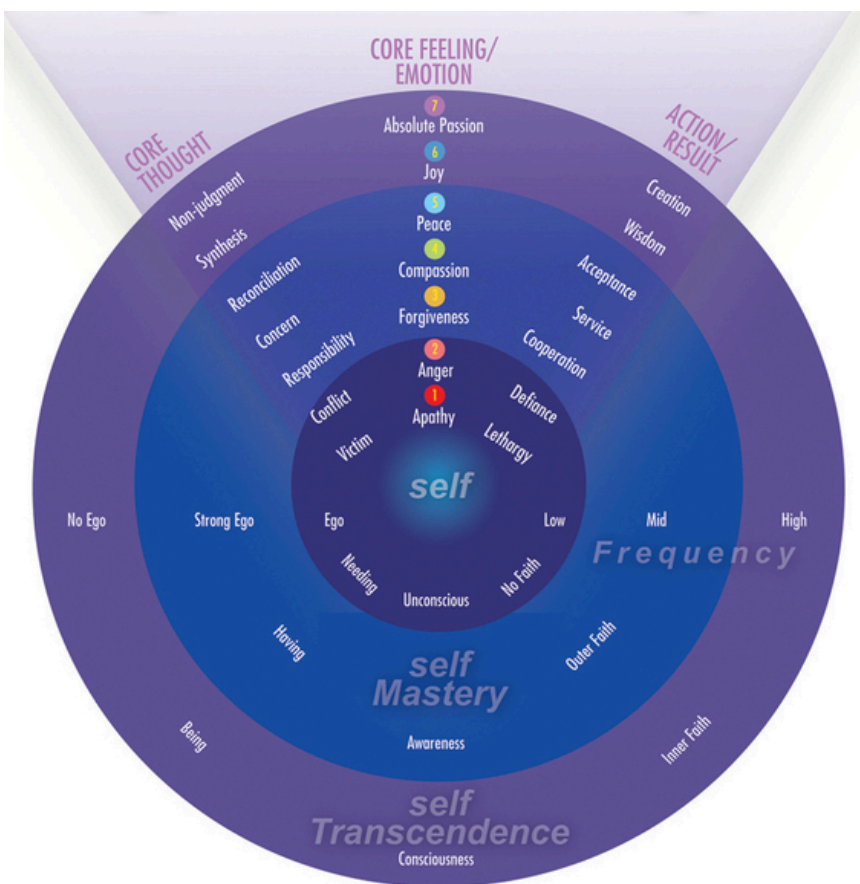


Buddhist Mandala

We are delighted to bring this intersectionality to life with our programme by letting go of age old structured workshops allowing high impact interactions, free thought and cultural wisdom to sharpen clarity and reveal new ideas and possibilities.

As you experience this programme the Energy Leadership™ framework will anchor your insights, creating a mental framework to transform how you think. By blending neuroscience, Indian mysticism, and your own wisdom, it will empower you to lead with greater skill, clarity, confidence, and purpose.

Expect to leave with a renewed sense of purpose, actionable strategies, and a profound connection to the wisdom within and around you as we co-create a powerful narrative blending the East and the West.



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Early AM	Pre Lunch	Post lunch	Pre dinner
Day 1: New Delhi			
Arrive into New Delhi / Free time. We host the night stay and dinner at The Grand hotel.			
Day 2: New Delhi - Dharamshala			
Flight to Dharamshala + Check into Radisson Raakh + Unpack / unwind		Property tour and Riverside trek	Session - Energies, Emotions and Mindset
Day 3: Dharamshala			
Yoga Village Immersion Walk	Cooking with Herbs	The Pluck to Tea Cup experience	Campfire session - Whole Brain Thinking
Day 4: McleodGanj			
Yoga Check out for 2 day trip	Norblunka Institute	Domaling Nunnery	Check into Guesthouse
Day 5: McleodGanj			
Tushita Meditation	Naddi Point Chat - The Big Answers	Dalai Lama temple	Free time to explore town
Day 6: Dharamshala			
Free time	Masoor Rock Cut temple	Kangra Fort session - Intentional Choices	Check into Radisson Raakh
Day 7: Dharamshala			
Yoga	Forest Walk - Mind Body Alignment	Fire ceremony - The Journey	Local Monastery Walk
Day 8: Dharamshala - New Delhi			
Yoga Terrace session - Reflections	Check out - fly back to New Delhi. Additional tours can be booked with Yatrik.		Dinner at Indian home and / or onwards travels

Details have intentionally been omitted here to retain the surprise element. Please enquire if necessary.

Logistics and next steps

Inclusions

- Accommodation in single premium room
- First night stay in Delhi, The Grand
- Day 1 dinner only, rest all meals/ AP plan
- Arrival and departure transfers
- Local transport in Dharamshala
- Mineral water during tours and transfers
- Entrance fee at places of visit
- Assistance at airports and hotels
- Daily excursions and Indian experiences
- Local english speaking guide for sightseeing
- Buddhist, Yogic Science and Vedic teachers
- Coaching sessions
- Energy Leadership Index Assessment

What is not included

- Airfare to and from New Delhi
- Airfare New Delhi - Dharamshala - New Delhi
- Visa fees
- Travel and medical insurance
- Vaccinations, special needs or equipments you require
- Additional spa treatments or paid activities
- Personal shopping
- Alcohol and extra refreshments

yatrik.com is our lead travel logistics collaborator in India. Co-founded by Sujit Banerjee, they have been in business since 1999 for clients from Mexico, South America, Switzerland, USA, Europe and Thailand. They are a member of two of the world's best known agencies – ASTA (American Society of Travel Agents) and PATA (Pacific Asia Travel Association.) Moreover Sujit is a trusted friend for over 30 years.

Next steps

Contact Reena at reena@thecollaborators.org

We recommend a chat to co-explore if your aspirations and our approach are a good fit.

