

# Introduction to NeuroMastery



Apply for our bold skills enhancement programme designed to respond to the unique challenges and opportunities faced by mid life / mid career women

## Programme Highlights

- Six weeks programme
- Every week 90 mins live online group session
- Access to 4 accomplished and experienced coaches
  - Multiple dates - Early bird pricing
  - Cutting edge concepts from reputed organisations

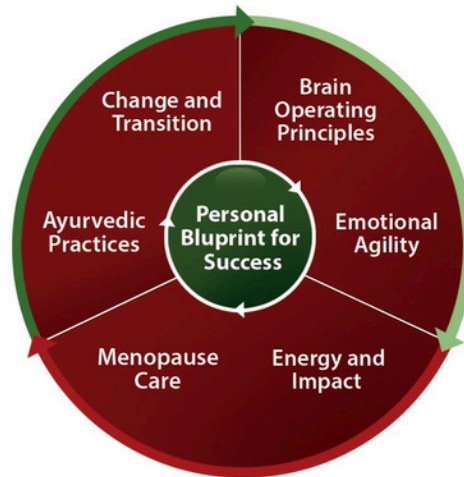
*The intersectionality between Neuroscience, Ayurveda, Medical know-how and Leadership is a unique combination*

— Sarika —  
Team Leader

*The wise women series took a deep dive into the menopause whilst offering self reflection on related topics which added light and shade to the series.*

— Joanne —  
Senior Executive and Board member

# Leverage Science to Carve Your Blueprint for Success



## Your Key Takeaways

- Understanding our brain operating principles
- Discover default thinking patterns, preferences and blindspots
- Three Point Methodology to regulate emotions
- Our novel NeuroCircuitBreaker® for self directed neuroplasticity
- SCARF™ to influence the 'mood in the room' and champion change
- Energy Leadership™ methodology for enhancing energy and influencing power
- Discovering Ayurvedic holistic well being techniques and practices
- Connect with a medical doctor and get questions answered
- A blue print and Action log to track your progress for 3 months
- A few new friends for life 😊😊😊

## Featuring Cutting Edge Concepts from Reputed Organisations



# Who are we?

The Collaborators UK Ltd are specialists in neuroscience based leadership development techniques for the past decade. Your faculty (coaches) are experts from different disciplines. They bring a wealth of knowledge and experience aligned to one narrative - supporting and empowering mid-life/mid-career women.

## Meet Your Faculty



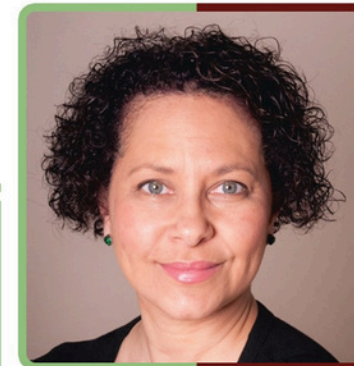
**Reena Dayal**

Founder The Collaborators UK Ltd.  
Applied Neuroscience and Leadership Development Specialist



**Maria Chase**

Entrepreneur, Applied Neuroscience Coach and Mental Health Specialist



**Colette Bardell**

Entrepreneur, Ayurvedic Practitioner and Therapist, Yoga Teacher



**Dr Heather Currie**

MBE, Gynaecologist, Menopause Specialist, Founder Menopause Matters



# Who is this for?



## Executives

You are currently occupying or aspire to occupy senior leadership roles in SMEs or large corporations. You are in a reasonably visible position, a high performer poised at greatness and wish to sharpen your leadership skills. You want to have greater impact and influence and are here to excel in your personal and professional journey.

## Entrepreneurs

As a dedicated business driver, you have a 24/7 schedule building your business. Being an entrepreneur has been a personal dream and ambition and you are here to expand, grow and make a difference. You are here to ensure your health, mind, body and leadership skills are at in top form to lead yourself, your teams and communities to greater success.

## Freelancers

Being a freelancer gives you a chance to pursue different projects that fully utilises your strengths and ambitions. You like your niche, the freedom and variety. As you put your talent to growing your work, you wish to invest in a programme that amplifies your personal well being and professional growth in the vibrant community of female talent.

## Overall feedback score for The Wise Woman 2023 online series **9.35/10**

We tested the formula and the feedback was reassuring



*"The series gave me insights into experiences and knowledge that I wouldn't have accessed otherwise and gave me a huge, nourishing bowl of support!"*

Self Employed in Hospitality



*"The menopause can be a time to shine and this helps you to navigate this phase"*

Care Worker & Reiki Practitioner



*"The Ayurveda aspect was new and interesting for me!"*

Speech and Language Therapy  
Team Manager



*"Well organised and well presented. Great content - highly recommend"*

GP NHS



*"Enjoyed the variety of topics, the space to reflect in a quiet space and time to jot down ideas and inspirations."*

Complimentary Therapist



## Multiple dates available Choose a cohort that suits you

### Six-week Programme

Nov 7 - Dec 12, '24  
5.30-7pm Uk Time

Cohort 1

Jan 9 - Feb 13, '25  
8.30-10am Uk Time

Cohort 2

Jan 9 - Feb 13, '25  
5.30-7pm Uk Time

Cohort 3

Feb 27 - Apr 3, '25  
8.30-10am Uk Time

Cohort 4

Every week for 6 weeks there will be a  
**90 mins live online workshop**

We invite You to Explore More  
**Introduction to  
NeuroMastery**



EXPLORE DETAILS



 THE COLLABORATORS